

# What to do in Almuñecar and Nearby Areas - Introduction

Instead of just writing a traditional long list of touristic sights, we have decided to write this guidance based on some suggested routes where we mix monuments, with activities and good gastronomical places. And wherever possibly we also mention special shopping possibilities. The structure of this guide is:

- 6.1. Suggested **routes** in Almuñecar where **no car** is needed. We make reference to the city map that you find in all our apartments. You can also request this city map per email.
- 6.2. Suggested **routes** outside Almuñecar where **a car is needed**.
- 6.3. **Gastronomical guide** – we suggest the best tapas places, chirinquitos and restaurants in Almuñecar.
- 6.4. Sport and free time activities in Almuñecar.

Finally, we want to stress that our objective is NOT just to rent out an apartment but we are here to help you to have the best possible holiday in Almuñecar, so therefore please feel to ask any question. My email is:

**Brian Nesgaard Nielsen – [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com)**

You can find a lot of useful information here:

**FACEBOOK:** page name “**Ferie I Almunecar**” (just enter [www.facebook.com](http://www.facebook.com) and search for the name!)

**INTERNET/HOMEPAGE:** [ferieialmunecar.wordpress.com](http://ferieialmunecar.wordpress.com) (You do not have to write 3 times www in front !!)

**PER EMAIL:** [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) - if you need general help or are interested in f.x. Spanish lessons or Salsa dancing lessons then we can arrange that. Just write Brian Nesgaard Nielsen on the given email address.

## ***Aktiviteter i Almuñecar og omegn – introduktion***

*I stedet for bare at skrive en lang liste med turistmaal, saa har vi besluttet at skrive denne guide baseret paa nogle anbefalede ruter, saa I paa samme tid for set Almuñecar turist maal, forskellige aktiviteter men ogsaa for proevet de bedste spise steder. Naar det er muligt saa anbefaler vi ogsaa indkoebsmuligheder. Strukturen for denne guide er:*

- 6.1. Anbefalede ruter I Almuñecar hvor der **ikke** er behov for en bil. Vi refererer til det bykort, som I finder I lejligheden. Kortet kan ogsaa rekvireres per email.*
- 6.2. Anbefalede ruter udenfor Almuñecar, hvor der er **behov for en bil**.*
- 6.3. Gastronomisk guide – vi anbefaler de bedste tapas steder, Chirinquitos samt restauranter I Almuñecar.*
- 6.4. Sport og fritidsmuligheder I Almuñecar og omegn*

*Til sidst saa vil vi lige understrege, at vores filosofi er ikke kun at udleje en lejlighed men hjaelpe jer med at faa den bedst mulige ferie, saa derfor spoerg endeligt, hvis I har spoergsmaal. Min email er:*

*Brian Nesgaard Nielsen – [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com)*

*I kan finde mange nyttige oplysninger paa:*

**FACEBOOK:** Siden “**Ferie I Almunecar**” (bare gaa ind paa [www.facebook.com](http://www.facebook.com) og soeg paa navnet!)

**HJEMMESIDEN:** [ferieialmunecar.wordpress.com](http://ferieialmunecar.wordpress.com) (I skal ikke skrive 3 gange www foran !!)

**PER EMAIL:** [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) - hvis I f.x. har behov for hjælp eller er interesseret i at lære spansk eller at danse salsa, saa skriv endelig, saa skal vi faa det arrangeret. Kontakt Brian Nesgaard

## 6.1. Suggested routes in Almuñecar where no car is needed.

### Route no. 1: “The Historical Route”

Start the tour from the big rock at the beach front called “**El Peñon del Santo**” – it is just in front of our apartment no. 5 (marked as A.5. on the map). It is worth walking up all the stairs to the top of the Rock where you besides the Crucifix have beautiful views to both sides of Almuñecar centre. Here you get a feeling of how the Romans structured the village where they made a factory for salting fish.

After have this view, we suggest you continue your walk towards the Park “**Parque Majuelos**” – you will pass by the small Spar Supermarket where you find all kinds of international products. But before you go into the park then pass by the local tourist office “**Palacete de la Najarra**”. It is worth a visit not just because of the tourist information but because in the garden you have a selection of fossils, and the building of the tourist office is beautiful – in Arabic design.

The park “Parque Majuelos” is a beautiful botanical garden where you the find the largest European collection of sub-tropical trees – more then 400 types. Mostly from Cuba and Brasil. And the interesting thing is that the botanical garden has been made around the remains of a Roman salting factory. These salting chambers where started by the “Fenics” in the 4<sup>th</sup> century BC, and later extended by the Romans. Under one of the largest trees in the park there is a small eating place. Kitchen usually opens after 14 . Her you will get the best Octopus “Calamares” in town. Nice place to sit when it is to hot for walking around. Only open June, July, August until Mid-September. In the park there a lot places with names of the Spanish regions. Normally close to the small eating place there is an old lady making craftwork. You are welcome to look on her work and to speak with her.

Just on the border of the park you find an excellent tapas place called “**LA CABAÑA**” – all tapas places is described more in detail in a separate Gastronomical Chapter below. If you have time then take some tapas in “LA CABAÑA” if not then you continue the walk by taking the steep road (back road to centre) up to the “**San Miguel**” Castle. Now you are very close to our apartments 1 and 6 (marked as A.1. and A.6. on the map).

Take a tour inside the Castle (check time table and you must pay), and if time allows then just have a stroll around in the small streets around the castle – and if you are interested then go and see the small museum “Las Siete Cuevas”. If you get lost then remember that you can always get back to the Castle by walking up. The Castle is on the top point.

When you finish then head for our apartments 1 and 6 because they are placed just on the corner in between calle San Miguel and Calle Antigua – by walking down the Calle Antigua – you will get to the municipal square (Plaza de la Constitucion) here we definitely recommend you to sit down and have something to drink....and feel the Almuñecar atmosphere. Not far from the municipal square you have the popular tapas bar “Los Pajaritos” (**marked as T.4.**) – check out the location - but save this experience for another day.

Behind this square – you have another square called “Plaza de los Higuitos” – in the corne of this square – Sandra from Sweden has a cosy bar “**GRANOS DE CAFE**” – where she serves the best shrimp sandwich in the world (in Swedish “smoergaas”)

The final point of this route is the local fresh food market “Mercado Municipal” (marked I.2. in the map) where all the locals buy their meat, fish and fruits. Quality is good. In one of the strees besides the “Mercado Municipal” you find an excellent bar/restaurant called “**Bocateria La Patata**” where the serve many different kinds of baked potatoes. Try it!! “La Patata” is on the street named “Torres Quevedo” where you also have a bike store on the corner called Berbikes.

### Route no. 2: “Forgotten Beaches”

Maybe the name “Forgotten Beaches” is not the most correct one – but we just want to illustrate that these beaches is not the first that a standard tourist normally will find. Bring cold drinks and sandwiches for this beach day.

About drinks and food: Alhambra makes a fantastic special beer called “1995”, or you can just try the normal Alhambra or San Miguel beer. The redwine from “Ribera del duero” is a good alternative to the wellknown Rioja wine. The best white wines are “Barbadillo” or “Rueda”. You can bring: Jamon Serrano (ham), Fuet (sausage), Chorizo (sausage) and olives with you as tapas on the beach.

The Sand beach “Playa Calabajío” is “hidden” in the far end of Almuñecar. It is a long walk – so take a local bus or take a taxi (2017 price EUR 7-10). Mostly Almuñecars other beaches are stone beaches. Not far from “Playa Calabajío” but closer to town (besides Velilla) you have the smallest but most beautiful beach in Almuñecar called “**EL TESORILLO**”. This beach is a stone beach surrounded by rocks and with 2 well operated bars/restaurants – in Spanish called “Chiriquitos”. These are recommended for eating and drinks – try the Andalusian “Paella”.

### Route no. 3: “Market day and Flamenco”

Start the day with a typical Spanish breakfast consisting of:

- Tostada con Tomate (o Mermalada) – toasted bread with pressed tomato (or Mermalade)
- Café con leche (café cortado) – coffee with milk (or espresso)
- Zumo natural de Naranja – freshly pressed Orange juice

You can get this breakfast in most of the bars around the Friday market – this market is organised on the parking place “Paseo Blas Infante” – each Friday all year around (with very few exceptions)

Mostly our guests find the Friday market interesting and it is a good place to shop and take souvenirs with you home. If or when you get tired of shopping – then take a walk down the pedestrian street “Pintor Manuel Rivera” and end the shopping day with a drink and tapas. Try f.x. the tuna bread in bar “Café del Mar”.

In the evening (normally Fridays), you can enjoy the best Flamenco show in Almuñecar in “**Venta Luciano**”. Price in 2017 is EUR 33 for adults (discounts for children). It is obligatory to reserve beforehand. You can make reservation by phone – **Venta Luciano 0034 958 631 379**. For this price you get more than you can eat and all the wine and beer you want to drink. You will try tapas, sangria, and great food from barbecue. Dessert is water melon. Venta Luciano is placed outside Almuñecar, so either you have to use your own car or take a taxi. We recommend **Pacos taxi: 0034 617 792 408** or **Sonias Taxi 0034 649 121 831**.

### Route no. 4: “Food and Tapas”

Begin either the tapas tour in “**LA CABAÑA**” (described in tour 1) or in the tapas street “**Calle MANILA**”. We make this suggestion because in the final part of the tapas tour the kitchens (Antonia Andaluzi and La China) are open all day around where as La Cabaña and most other bars close the kitchen around 16-17, and then only open in the evening again.

You can find detailed descriptions of “**LA CABAÑA**” and the other suggested tapas bars in the Gastronomical guide section. Here we just give a short introduction:

- “**Calle Manila**” – the “**Tapas street**” (marked as T.5. in the city map) – all bars in this street serves tapas, so you can freely choose, try and find your favourite. If you want to try both the tapas street and “**LA CABAÑA**” then you should start early. From the end of the tapas street – then take a stroll along the beach front in direction “**EL PEÑON del Santo**” (close to A.5. on the city map) . You pass it and search for the “**Parque Majuelos**”.
- “**LA CABAÑA**”(marked as T.4. in the map) – we think that in very few parts of the world you will find a place where you from a menu can select your free food (in Spanish called “Tapas”). After this bar then head for the San Cristobal beach and walk along it (it is probably a 10-20 minutes walk) until you reach “**ANTONIA ANDALUZI**”. When you walk along the San Cristobal beach then you can note the location of 2 good eating places right on the beach– restaurant “**C.2. BOTOS**” and the chirinquito “**C.1. PILIKI**” (only open in medium/high season)

- “**ANTONIA ANDALUZI**” (marked as T.1.A.) – in our eyes this is the best tapas bar in Almuñecar. Antonia is originally from Bulgaria but she is a fantastic person and has learned the Andalusian cuisine.
- “**LA CHINA**” (marked as T.1.B.) – this bar is hard to describe. You should simply just try it – they serve very good and large tapas. Joaquin is the owner. His son David and other great persons are helping in the bar and creating an excellent and joyful atmosphere – if you mention our names “Ana from Cuba and Brian from Denmark” – then they will now you are our guests. We are quite sure you will not walk hungry home.
- Please note that all these tapas places are described in the FACEBOOK PAGE “**FERIE I ALMUNECAR**” and also in the Gastronomical guide.

## Route no. 5: “Your Own Choice”

Based on the descriptions below you can make your own route for this day.

- Leave your car in the parking place “**Paseo Blas Infante**” (I.1.) – except Friday and Sunday where there is market places in the big parking place.
- From “**Paseo Blas Infante**” (marked I.1. in the map) you have easy access to 3 supermarkets:
  - **LIDL** – newly renovated in 2017, and has a lot of German products. Beers and wine are fair when you compare quality and price – especially the Spanish wines.
  - **MERCADONA** – our favourite local market – great quality and good prices
  - **DIA** – the discount market – where you find a lot of discount products but also fruits, bread and meat.
- After you leave your shoppings in the car in “Paseo Blas Infante” go in direction of the McDonalds – just on the other side of McDonalds and the police station (where you can get tourist maps) you will find 2 interesting shops:
  - A small butcher “**Boutique de la carne**” (marked S.5. on the map) which sells great meat and at very reasonable prices. The owner is specialist in cutting out the cured ham “Jamon Serrano” and he also can pack it (vacuum) so that you can bring it home without any problems.
  - Just besides the butcher you find a **shoe store “Base Activa”** (marked S.5. on the map) – here you can find brand sports shoes for cheap money.
- Not far from Mercadona you have 1 out of several shops where they sell **barbecued chicken**. It is called “**Asadero de Rio Verde**” – it is placed just in front of the public school with the same name “Colegio Rio Verde”. Delicious and fair priced. And you can bring it with you and eat at the beach? This place is more or less placed in between I.1. “Paseo Blas Infante” and U.3. Official taxi place. If you cannot find it then just go after the wonderful smell of barbecued Chicken. Of course, the only barbecue chicken around lunch time or in the evening around dinner time.
- **ICECREAM**. Almuñecar has many fantastic ice cream places so we limit ourselves just to recommend 2 where we have always been satisfied:
  - On the **San Cristobal beach** – not far away from apartment 5 (marked A.5. on the map) – you will find the small icecream bar “**D’Jorge**” – he has many desserts based on ice cream but also a fantastic cone icecream
  - Even though “D’Jorge” has a great quality of icecream, the ice cream bar “**La Italiana**” is a must in our eyes. But we recommend that you do not eat the ice cream desserts before or after a dinner because they are ENORMOUS. The icecream desserts are meals in themselves, so you can even choose to share. “La Italiana is placed just besides the bank “Banc Sabadell”. If you cannot find it then locate U.3. Official Taxi stop – from here you can see the Bank.
- By the way, just besides the U.3. Official Taxi stop, here you will find the speciality shop “**Olivares**” – they have a lot of international products that you cannot find in the Spanish supermarkets. Furthermore, Olivares also have one of the biggest wine selections.

- Just besides “Olivares” – Poul from Denmark has a small office “**MW Services**”. Poul is an expert in helping foreigners with all the documents – let it be Spanish ID (NIE), tax declarations, so go and see him if you need some paperwork done.
- Not far from Almuñecar you have the nice villages of Otivar and Lentegi – these villages are placed in a beautiful mountain area. Take a drive – less than 1 hour each way, and enjoy the peace of these villages. When driving from Almuñecar in direction Jete/Otivar then make a first stop in Torrecuevas, and see the Roman monument. In Jete you will find the most popular local wine producer “Calvente” – you can go wine testing but you **MUST** make reservation beforehand. In Otivar there is a famous restaurant “**El Capricho**” where they make Chicken in apple – a local specialty. For lunch and dinner the restaurant gets full, so you have to order beforehand.
- Spanish lesson. Would you like to learn some basic Spanish so you can communicate with the locals then we can also help you with that. EUR 10 per time (45 min.) per person. Discounts 10 times for EUR 80. If you already know some Spanish then we can also help you with improving this level. We focus on communication and speaking – not on grammar. Contact Brian Nesgaard Nielsen [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) and further information.
- Dance lessons – Salsa and Merenque – with Cuban dance instructor. Have fun and at the same time you will learn how to dance Salsa and Merenque. EUR 8 per time (app. 50 min) per person. Discounts – 10 times for EUR 60. More than 1 person – special price just ask. If you are interested contact Brian Nesgaard Nielsen [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) and further information.

## **Route no. 6: “Agua Tropic” – Almuñecars Water Park**

The water park in Almuñecar “Agua Tropic” is a great place to spend the day with the children. It is placed right by the beach in Almuñecar, and the water in the different swimming pools is cleaned sea water. Agua Tropic is only open in the summer period from End June to beginning of September. You are allowed to bring your own food and drinks to the water park (just not glass bottles and glass materials).

### ***6.1. anbefalede ruter I Almuñecar hvor der ikke er behov for en bil***

#### ***Rute no. 1: “Den Historiske Rute”***

*Start denne rute foran den store klippe udskydning “El Peñon del Santo” – helt nede ved vandet paa strandpromenaden– klippen ligger lige foran vores lejlighed nr. 5 (markeret som A.5. paa kortet). Selvom der er mange trappetrin, saa er det turen vaerd. Oppe fra toppen af klippen har man en fantastisk udsigt over Almuñecar fra begge sider af det store kors. Saa faar man hurtigt en fornemmelse af, hvordan romerne anlagde byen og deres fiske saltnings fabrik i tidernes morgen.*

*Efter at have faaet dette overblik over byen, saa foreslaar vi at I gaar hen til parken “Parque Majuelos” – hvor I bl.a. kommer forbi en SPAR koebmandsbutik, hvor de saelger alle mulige internationale madvarer. Fortsaet forbi SPAR butikken, gaa forbi baren Bikini og I kommer hen til hjoernet, hvor I kan kigge over paa turist kontoret “Turistkontoret Palacete de la Najarra”. Det er ogsaa et besøg vaerd – ikke kun pga bykort og turistinformation men fordi i haven er der mange fossiler udstillet, og de er aegte.*

*Parque el Majuelo ligger lige overfor og er en smuk botanisk have med Europas største samling af subtropiske planter, med mere end 400 arter. De fleste fra Cuba og Brasilien.*

*Inde I selve “Parque Majuelos” finder man resterne af de saltningskar, som romerne brugte I tidernes morgen. Karrene til fiskesaltning blev påbegyndt af fönikierne i det 4. århundrede bc. og senere udbygget af romerne. Undet et kaempe stort gummitrae er der et lille spisested. Efter kl. 14 er køkkenet åbent. Her får man byens bedste blæksprutteringe. Calamares. Hyggeligt sted at sidde, når det er for varmt at gå i solen. Kun åbent juni, juli og til midt september. I parken er der ogsaa små steder med navne på spanske provinser. Tæt på det lille spisested ligger et af dem, hvor der sidder en ældre dame og knipler. Man er altid velkommen til at se det og snakke med hende.*

Lige paa kanten af parken finder i en af byens bedste tapas steder **“LA CABAÑA”** – alle tapas steder er udfoerligt beskrevet I den efterfoelgende gastronomisk guide. Hvis I har tid og de har aaben, saa proev nogle af de fantastiske tapas, saa LA CABAÑA serverer. Herefter saa skal i finde vejen (den stejle bagvej) op til slottet **“San Miguel”** – nu er i ioevrigt taet paa vores lejligheder nr. 1 og 6 (markeret som **A.1.** og **A.6.** paa kortet). Det er muligt at komme ind paa slottet (men check aabningstider og priser) og faa en tur rundt, og se byen fra en anden vinkel. Hvis i har god tid, saa brug lidt tid I de snaevre gader omkring slottet, hvor de almindelige spaniere bor. Hvis I farer vild, saa husk I kan altid finde op til slottet igen ved at gaa op af. Slottet ligger paa det hoejeste punkt I byen. Besøg ogsa Cueva de los Siete Palacios. Ligger tæt på borgen. Hyggelig gåtur i de smalle gader.

Naar I faerdige med jeres rundtur her, saa gaa hen imod vores lejligheder 1 og 6, som ligger paa hjoernet af de 2 gader calle **“San Miguel”** og calle **“Antigua”** – hvis I gaar nedad gaden Calle **“Antigua”**, som kommer I lige direkte ned paa raadhuspladsen (**“Plaza de la Constitucion”**) – hvor vi anbefaler jer at saette jer ned og faa en forfriskning og nyde den spanske atmosfaere I Almuñecar. Ikke langt fra raadhuspladsen (gaa op ved hjoernet ved apoteket) ligger den populaere tapas bar **“Los Pajaritos”** (markeret som **T.3.paa bykortet**) – I kan jo finde stedet, tage et glas vin og saa gemme oplevelsen til en anden dag.

Bagved raadhuspladsen finder I ioevrigt en anden lille charmerende plads kaldet **“Plaza de los Higuitos”** (oversaettes som figen torvet) – I hjoernet af denne plads har Sandra fra Sverige en bar **“Granos de Cafe”**, hvor hun serverer den bedste rejesandwich I verden (paa svensk siger de vist **“smoergaas”**).

Sidste sted paa ruten er det lokale marked **“Mercado Municipal”** (markeret **I.2.** paa bykortet), hvor de lokale handler deres koed, fisk, frugt og groent. Kvaliteten er I top. I en af de bagved liggende gader (ud mod floden) ligger der en anden rigtig god bar/restaurant kaldet **“Bocateria La Patata”** hvor de serverer bagte kartofler I mange forskellige former. ANBEFALES. **“La Patata”** ligger paa gaden **“Torres de Quevedo”**, hvor man har cykelbutikken **Berbikes** paa hjoernet.

## **Rute nr. 2: “De glemte strande”**

Maaske navnet **“De glemte strande”** er lidt misvisende, fordi de stedkendte kender strandene, men turisterne finder dem normalt vist for sent. Tag endelig kolde drikkevarer og sandwiches med hjemmefra, saa I kan nyde denne dag paa strandene. Alhambra laver en fantastisk special oel **“1995”**, og ellers kan man bare proeve den almindelige Alhambra eller San Miguel oel. Roedvin fra **“Ribera del duero”** er blevet et godt alternativ til den klassiske Rioja vin. De bedste hvidvine er **“Barbadillo”** og **“Rueda”**. I kan jo tage: Jamon Serrano, Fuet, Chorizo og nogle oliven med som tapas ved stranden.

Almuñecars eneste sandstrand **“Playa Calabajío”** er placeret i udkanten af Almuñecar – efter Velilla stranden. Det er muligt at gaa, men det er meget langt, saa tag lokalbussen eller en taxi (2017 – pris EUR 8-10). De andre strande I Almuñecar er sten strande.

Ikke ret langt fra denne sandstrand (ved siden af Velilla) og paa tilbagevejen til byen finder man den flotteste men ogsaa mindste strand I Almuñecar **“EL TESORILLO”**. Denne stenstrand er omringet af klipper og ligger smukt. Der er 2 rigtige gode strandbarer – paa spansk **“Chiriquitos”**. Disse strandbarer er ogsaa rigtig gode spisesteder og serverer drinks – proev f.x. den spanske nationalret Paella efterfulgt af en Piña Colada.

## **Rute nr. 3: “Markedsdag og aften Flamenco Show” (fredage)**

Start dagen med en typisk spansk **“sund”** morgenmad bestaaende af:

- Tostada con Tomate (o Mermalada) – risted broed med tomat (eller Mermalade)
- Café con leche (o café cortado) – kaffe med maelk (elller espresso)
- Zumo natural de Naranja – Frisk presset orange juice.

I kan faa denne morgenmad paa de fleste barer omkring fredagsmarkedet – markedet holdes paa den store parkeringsplads **“Paseo Blas Infante”** – hver fredag hele aaret rundt (med meget faa undtagelser).

Normalvis saa synes de fleste af vores gaester at fredagsmarkedet er et godt sted til indkoeb af toej, souvenirs mv. Men det er selvoelgelig smag og behag. Men der er ihvertfald lidt for enhver smag. Naar I er traette af at handle saa gaa en turn ned af gaagaden "Pintor Manuel Rivera", som starter paa den anden side af markedspladsen og slut af med lidt til halsen og tapas. Proev f.x. tunbroedet paa baren "Café del Mar".

Om aftenen (normalvis hver fredag) saa har man mulighed for at faa en uforglemmelig oplevelse, og se det bedste Flamenco show I Almuñecar "**Venta Luciano**". Prisen I 2017 er EUR 33 per person (rabat for boern), men prisen inkluderer saa al mad, drikkevarer ad libitum og det bedste Flamenco show. Man skal reservere paa forhaand paa telefon **Venta Luciano 0034 958 631 379**. Prisen inkluderer som sagt al den vin eller oel, som I oensker at drikke. Sodavand til boernene. Og I faar proevet deres tapas, Sangria, og RIGTIG god grill mad. Desserten er vand melon. Venta Luciano er placeret et stykke udenfor Almuñecar, saa I skal enten bruge jeres egen bil eller tage en taxi. Vi anbefaler **Pacos taxi: 0034 617 792 408** or **Sonias Taxi 0034 649 121 831**.

## **Rute nr. 4: "Mad paa Andalusisk Maner - Tapas"**

Begynd tapas turen ved "**LA CABAÑA**" (markeret som T.4. og beskrevet kort under rute 1) eller ved "tapas gaden" "**Manila**" (markeret som T.5. paa kortet). Vi foreslaar at starte her, da restauranterne paa slutningen af turen har aabent koekken hele dagen ("Antonia Andaluzi" T.1.A. og "La China" T.1.B.), mens La Cabaña og de fleste andre barer lukker koekkenet omkring kl. 16-17, og saa aabner de foerst til aften igen. Kom tidligt til La Cabaña ca. 11.30-12.00, hvis I skal vaere sikre paa at faa plads.. I kan finde beskrivelser af "**LA CABAÑA**" og de andre anbefalede tapas barer I den "Gastronomisk Guide" – laengere henne I denne beskrivelse. Vi giver nu kun en kort introduktion:

- Calle "**Manila**" – **the "Tapas street"** (markeret som T.5. paa kort) – alle barer I denne gade serverer tapas, saa I kan frit vaelge, proev og find jeres favorit. Hvis I oensker baade at proeve tapas gaden og "**LA CABAÑA**" saa skal I starte tidligt (11-12 tiden). Fra enden af tapas gaden, saa gaar man langt strandpromenaden I retning af det store klippe udspring med korset paa toppen. I gaar her forbi og fortsaetter mod "**Parque Majuelos**".
- "**LA CABAÑA**" (markeret som T.4. paa kort) – der er vist ikke ret mange steder i verden, hvor du kan sidde dig ned og bestille drikkevarer, og saa gratis vaelge mad fra et menukort (paa spansk "Tapas". Afer I har proevet denne bar, saa gaar I tilbage mod San Cristobal stranden, og nu I den anden retning med vandet paa jeres venstre haand. Det er nok 10-20 min. gang inden I kommer til **ANTONIA ANDALUZI**" (T.1.A.). Naar I gaar langs stranden saa lig maerke til 2 rigtig gode spisesteder – direkte paa stranden – "**BOTOS**" (markeret som C.2. paa kort) og Chiriquito "**PILIKI**" (markeret som C.1. paa kort) – sidst naevnte kun aaben I mellem og hoejsaeson.
- "**ANTONIA ANDALUZI**" (markeret som T.1.A. paa kortet) – I vores oejne er det den bedste tapas bar/restaurant I Almuñecar. Antonia er oprindeligt fra Bulgarien, men det ligger I maerke til – hun taler flydende spansk og hendes kok mestrer det Andalusiske koekken.
- "**LA CHINA**" (markeret som T.1.B.) – denne tapas er svaer at beskrive, man kan aldrig vaere sikker her, og den SKAL proeves. Deres tapas er enorme. Joaquin er ejeren, mens soennen David og andre herlige personer hjaelper til med at skabe en hel speciel stemning. Hvis I naevner vores navne: "Ana de Cuba og Brian de Dinamarca" – saa ved de, at I er vores gaester. Vi er meget sikre paa at I ikke gaar sultne hjem men glade.
- Venligst bemaerk at alle disse tapas steder og restauranter er beskrevet paa vores FACEBOOK side "Ferie I Almunecar" og ogsaa I den gastronomiske guide (laengere henne I dette dokument)

## **Rute nr. 5: "Paa Egen Haand"**

Ud fra nedenstaaende kan I selv sammensaette en rute, og evt. slaa et smut forbi de kringlede gader i midtbyen.

- Efterlad bilen paa parkeringspladsen "**Paseo Blas Infante**" (I.1.) – her er der nemlig altid plads undtaget fredage og soendage, som er markedsdage.

- Fra **“Paseo Blas Infante”** (markert I.1. paa kortet) har i let adgang til 3 supermarkeder:
  - **LIDL** – blev komplet renoveret I 2017 – fantastisk butik med hovedsaglig tyske produkter. Men oel og vin er et godt koeb I Lidl – specielt har de nogle gode spanske vine (Reserva og Gran Reserva) til fair priser.
  - **MERCADONA** – vores bedste lokale supermarked. Kvaliteten er helt i top og priserne yderst rimelige – billigt fra et skandinavisk synspunkt.
  - **DIA** – vores lavpris marked. Men man skal ikke tage fejl af, at de ogsaa har gode produkter til fair priser.
- Efter at have efterladt jeres indkob I bilen paa parkeringspladsen “Paseo Blas Infante” saa gaa I retningen af McDonalds. Paa den anden side af McDonalds og politistationen (hvor I oevrigt kan faa bykort), finder I 2 interessante steder:
  - En slagter **“Boutique de la Carne”** (markeret S.5. paa kortet), som saelger det bedste koed til yderst fair priser. Ejeren har diplom som professionel udskaerer af den lufttoerrede skinke “Jamon Serrano” – dette kan I ioevrigt faa vacuum pakket, saa det er til at tage med hjem
  - Lige ved siden af slagteren finder I en sportsbutik “Base Activa” (markeret S.5. paa kortet), hvor I kan faa maerke sko til billige penge.
- Ikke saerligt langt fra Mercadona har I 1 ud af flere steder, hvor de laver grillstegt kylling. Stedet hedder “Asadero Rio Verde”, og ligger lige overfor skolen med samme navn “Colegio Rio Verde”. Laekker, hurtigt og billigt maaltid. Og man kan jo tage det med til stranden, hvis man er lidt forberedt (tallerkener, servietter). I finder de grillstegte kyllinger mere eller mindre midt imellem I.1. “Paseo Blas Infante” (parkeringspladsen) og U.3. taxi holde pladsen. Gaa bare efter den vidunderlige duft af grillstegt kylling.
- **IS og ISDESSERTER.** Almuñecar har mange gode is butikker, saa vi vil begraense os til bare at naevne 2, hvor vi altid har vaeret super godt tilfredse:
  - Paa **San Cristobal** stranden – ikke ret langt vaek fra lejlighed 5 (markeret som A.5. paa kortet) finder I den lille isbar **“D’Jorge”** – her har de mange laekre isdesserter men man kan sagtens noejes med et isbaeger eller isvaffel.
  - Til trods for at vi er glade for isen hos “D’Jorge”, saa stikker isbaren **“La Italiana”** dog dem alle – denne er et must I vores oejne. Hyggeligt indrettet, og de serverer de bedste men nok ogsaa stoerste isdesserter I Almuñecar. Saa vi raadgiver, at I ikke spiser is lige inden eller efter et hovedmaaltid. Isdesserterne er et maaltid I dem selv, og kan eventuelt deles. “La Italiana” ligger lige ved siden af banken BancSabadell, som ligger I rundkoerslen ikke ret langt vaek fra vandet. Hvis ikke I kan finde hverken BancSabadell eller “La Italiana”, saa gaa efter taxi holdepladsen (U.3.). Den ligger taet ved.
- Lige ved siden af taxi holdepladsen (U.3.) finder man butikken **“Olivares”**. Her finder man et hav af internationale produkter inkl. Remoulade, danske sild, snaps mv. De har ogsaa et rigtigt godt udvalg af gode vine.
- Lige ved siden af Olivares har Poul fra Danmark et lille kontor “MW Services”. Poul er kompetent og service orienteret person. Han hjaelper udlaendinge specielt dansker med spanske dokumenter og papirer – lad det vaere spansk ID nr. (NIE), skat, koeb af fastejendom etc. Saa hvis i lige pludselig skal bruge hjaelp til noget, saa proev og spoerg Poul.
- Hvis I oensker en kort koeretur I bjergene, saa anbefaler vi at koere til de 2 hyggelige bjergbyer Otivar and Lentegi, hvor livet synes at gaa I staa, mens man nyder den flotte bjergnatur. Det er under I times koersel derop dog af krogede veje, saa koer stille og roligt. Naar I er koert ud af Almuñecar (ca. 4 km) I retning Jete, saa stop ved “Torrecuevas”, hvor I kan se en romersk akvadukt. I Jete ligger den mest succesfulde (maaske eneste) vin producent I vores omraade. Vin productenten hedder “Bodegas Calvente” – der kan arrangeres vinsmagning – det kraever dog reservation paa forhaand. I Otivar har de en meget kendt restaurant **“El Capricho”**, hvor deres specialitet er kylling stegt med aebler. De laver ogsaa fantastisk godt lam. De kraever, at man reserverer bord forhaand, hvis man skal have specialiteterne.
- Spansk undervisning. EUR 10 per undervisning (45 min.) per person. Rabatordning 10 gange undervisning for EUR 80. I kan faa undervisning I begynder spansk eller spansk for oevede. Der



*vil blive fokuseret paa kommunikation og samtale – ingen Grammatik. Kontakt [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) for reservation og yderligere information.*

- *Salsa og Merenque undervisning med cubansk instruktør. EUR 8 per undervisning (45 min.) per person. Rabatordning 10 gange undervisning for EUR 60. Kontakt [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) for reservation og yderligere information.*

## ***Rute nr. 6: “Agua Tropic” – Almuñecars Vandland***

*Vand land “Agua Tropic”. Hav en dejlig dag med familien I Agua Tropic, som er Almuñecars vandland. Agua tropic ligger paa Almuñecars strandpromenade. “Agua tropic” er kun aabent I sommerperioden – ultimo juni til primo September. Det er tilladt at medbringe mad og drikkevarer ind i vandland (dog ikke glas flasker eller andet glas). En super god oplevelse for boernene men ogsaa for de voksne ☺*

## **6.2. Suggested routes outside Almuñecar where a car is needed.**

Below we write in 2 sections about the suggested routes around Almuñecar – we divide them in shorter (max 1 day trips) and longer trips. But we want to stress that our goal is not to write a new tourist guide about Almuñecar – we just want our guest to have a general overview of the possibilities that exists. If you decide to go further and explore some of the routes then we ask you to send us an email to [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com), and we will assist you. We plan to make data sheets for each of the routes gradually in cooperation with our guests. Alternatively you can search the internet for further information about the routes that interests specifically you and your family.

### **6.2.1. 1 day Trips in the Area Around Almuñecar.**

All trips demands that you wake up early and come back late in order to get the most out of your time and enjoy the different sights. Again we repeat that we just provide a general description, so please look for more information on the internet or write us an email : [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com)

1. **GRANADA og ALHAMBRA.** The Castle Alhambra and Granada are among the most popular Spanish tourist sights. Alhambra is best described with that this is a place that any human being should visit minimum 1 time. The city of Granada is a very charming city, and you will not regret the visit. Even you should consider to make the trip to Granada a 2 or 3 day trip.
  - a. Homepage Alhambra - <http://www.alhambradegranada.org/en/>
  - b. Information about the city Granada – see <http://www.lovegranada.com/granada/what-to-see>
  - c. Warning. In many places of Granada city centre it is forbidden to drive, and they have put up cameras. And you will be fined. Therefore park in the outskirts of Granada and then either walk (possible no doubt) or take a taxi to the centre.
2. **MALAGA.** Malaga is also a must. A real joyful city with an Andalusian soul. Many cruise ships starts or pass by Malaga. Malaga has like Granada a lot of traffic so park in the outskirts of the city and pay the necessary parking cost. Malaga has many attractions take one of the city tours or prepare yourself by internet sources. Picasso Museum a must for many.
3. **JUNTA DE LOS RIOS.** Who will believe that we have such a beautiful area so close to the beach area/Almuñecar. In between the mountains you will suddenly find waterfalls, cliffs and small rivers. Fantastic for a picnic. The area is a great experience for children and youngsters and of course for adventurous adults – to bring a baby will be difficult. The water in the rivers come from the mountains and is cold, so best to choose a warm day for this experience. We want to note that the drive down to Junta de los Rios is mountain road, and it is a dirt road, so either you must be an experienced driver or maybe better to choose one of the guided tours for JUNTA DE LOS RIOS. If you drive by yourself from Almuñecar, you drive and pass through both Jete and Otivar, and then you continue uphill until you see the entrance for the “Junta de los Rios” in between km 43-42. Junta de los Rios = where the rivers meet.
4. **CUEVAS DE NERJA (Maro).** The caves of Nerja placed outside Nerja in Maro is worth a visit. You should be able to do it as a half day trip or you can combine the trip with seeing Nerja or

Frigiliana described below. I have seen various caves in my life....but Cuevas de Nerja ALWAYS impresses me.

5. **NERJA**. It is a tourist “mekka” and many English and Dutch has chosen to live here. So you will here as much English and Dutch as Spanish here. But this also implies that Nerja has more international shops than Almuñecar. Nerja has probably better beaches than Almuñecar but not the same soul. But why do you not just go – and then you will get your own impression.
6. **FRIGILIANA**. Also called the “white” village Frigiliana. Andalusia and South Spain are known for the many beautiful white villages – placed in the mountains behind the coast line. Frigiliana is one of the most beautiful ones, and it is very cosy. A long description is not necessary – just walk around in the narrow streets and discover the soul of Frigiliana. You can combine the Frigiliana trip with Cuevas de Nerja and Nerja. Then we suggest to start our early in Frigiliana – walk around eat an early lunch, and the go to see the caves “Cuevas de Nerja” (remember to check opening hours).
7. **EI ARCHEBUCHAL**. This is a small village north of Frigiliana that they are renovating. Beautiful nature.
8. **MOTRIL**. Rom fabrikken Ron Mateo giver gratis rundvisning og smagsprøver.
9. **MARINA DEL ESTE**. This small port is the nearest port by Almuñecar. Have a stroll around and look on all the yachts and boats, and have a lunch or dinner right by the port. There is also a beach close by Marina del Este. You will see it before entering the port area. To see Marina del Este is a half day trip.
10. **SIERRA NEVADA**. We say that it is the best skiing area in Spain but it is not really wellknown by North Europeans. The skiing area normally opens end November and stays open until primo April. In the summer period it is fantastic for mountains trips in car, by bike or hiking. To go to Sierra Nevada then you go towards Granada and then you follow the signs for Sierra Nevada. You can also programme “Prado llano” en your gps – this is the main village in the ski resort. Las Alpujarras that we describe below – here you have to take a turn LONG TIME before Granada – you can follow the signs towards “Lanjaron” – known for the quality drinking still water.
11. **LAS ALPUJARRAS**. Also a very beautiful area of Spain that is not really well-known but this makes it even more pretty. Here you have many charming beautiful white villages like **Pampaneira** and **Capileira**. If we were forched to choose in between Frigiliana and Alpujarras then we would definitely choose Alpujarras. Try the local small chocolate factory “Abuela Ili” in Pampaneira and of course the delicious hams “Jamon Serrano”. A Danish cook “Anne Mad” made one of her Spanish television castings from the highest point of Alpujarras – in the village Trevelez. Alpujarras you find by taking the highway to Granada and then turn in direction of Lanjaron. After the highway it is mountain roads – asphalted but with curves, so we suggest to leave early morning at 6 or 7 and have sufficient time for driving and stopping.
12. **EL CAMINITO DEL REY – a UNFORGETABLE experience**. Important that you prepare yourself on this extremely beautiful experience of nature:
  - a. It is really high up, so if you are afraid of hights then do NOT join. No reason to push yourself
  - b. Some of our guest have had difficulty in finding the entrance to this place, so please prepare yourself by books or internet before heading off. Or send us an email and then we will help you.

Official site: <http://www.caminitodelrey.info/en/#3>

### 6.2.2. Longer Trips (minimum 1 night stay)

On this longer trips of course you will need a car and a place to stay overnight. Alternatively you could rent an autocamper. Contact Brian Nesgaard Nielsen ([ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com)) if you are interested. If you want to go on anyone of these longer trips (below) then we suggest you to prepare yourself f.x. through internet channels, or write us a short email before going, and then we will try to help you.

1. **RONDA**. Fantastic village – incredible but true. Ronda is build on the top of a rock in beautiful nature – you will not believe it before you see it. And the village has a great charm, narrow streets and a bull fighting arena.

2. **SEVILLA.** The Heart of South Spain and Andalucia. The dance “Sevillana” originates from Sevilla – a beautiful and traditional dance – less serious than Flamenco. If you study the tourist sights of Sevilla – you will find many – we definitely recommend a visit to the Catholic Cathedral. The centre of the city is packed with cosy bars and restaurants. You will not starve.
3. **CORDOBA.** Even though that Sevilla is the heart of Andalucia, then we anyway would recommend to go first to Cordoba, if we were forced to choose.. “**La Mezquita**” – unbelievable – You really will take a trip back in Spanish history. Cordoba is a hard to describe beauty – it must be experienced
4. **GIBRALTAR.** The English part of South Spain. It is a long drive if you make it as 1 day trip then you must leave Almuñecar VERY early. Better to take an overnight stay. It is known by almost all tourists, but we still recommend you to see no. 1-3 before you go to Gibraltar. When you go to Gibraltar then be sure to go on one of the organised trips to the top of the rock and say hello to the monkeys. Gibraltar is worth a visit but probably it has been promoted a bit too much.

## ***6.2. Anbefalede ruter udenfor Almuñecar, hvor der er behov for en bil.***

I nedenstaaende anbefaler vi I 2 omgange ture I omraadet omkring Almuñecar hhv 1 dags ture og laengere ture. Men det er vigtigt at faa sagt, at vores maal er IKKE at skrive en turist guide, men vi vil gerne give folk en appetit vaekker paa, hvilke muligheder der byder sig. Naar I saa har fundet noget interessant, saa kan man enten kontakte os paa email [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) , og vi kan sende yderligere information. Vi vil gradvist lave datablade paa alle turene. Alternativt kan man selv gaa paa nettet og soege yderligere informationer omkring de ting, som der interesserer jer.

Vores maal er bare at give jer et overblik over hvilke muligheder, som byder sig I omraadet omkring Almuñecar – vores dejlige tropiske paradys.

### ***6.2.1. - 1 dags ture I omraadet omkring Almuñecar.***

*Alle ture kraever, at man tager tidligt hjemmefra og kommer sent tilbage til Almuñecar for at faa udnyttet tiden bedst muligt. Igen vil vi lige understrege, at vi beskriver tur mulighederne generelt. Det er noedvendigt, at I selv finder yderligere oplysninger via boeger eller internet. Hvis I har specifikke spoergsmaal, saa kan vi forsoege at hjaelpe – send blot email til [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com)*

**1. GRANADA og ALHAMBRA.** Borgen Alhambra og Granada. Alhambra kan vel bedst beskrives ved, at det er et turistmaal, som alle burde se mindst 1 gang i livet. Granada by er utrolig charmerende.

c. Se deres hjemmeside (engelsk) - <http://www.alhambra格蘭ada.org/en/>

d. En god indgang til selve byen Granada – se <http://www.lovegranada.com/granada/what-to-see>

e. Advarsel. Der er mange steder i Granada midtby, hvor der sat kamera op og koersel forbudt. Derfor parker i udkanten af byen, og tag evt ind til centrum paa gaaben (helt sikkert muligt) ellers tag en taxi.

2. **MALAGA.** Malaga er et ogsaa et must. En rigtig hyggelig storby med sjael. Der er mange krydstogtskibe, som starter I Malaga, og andre som ligger til I Malaga. Malaga har ligesom Granada masser af trafik, saa det er bedst at budgettere med at koere direkte ned og parkere I en P-kaelder. Tag paa en af de organiserede by ture med guide eller bus. Eller forbered jer selv hjemmefra via internet kilder. Picasso museet er et must for mange.

3. **JUNTA DE LOS RIOS.** Hvem skulle tro, at man saa taet ved stranden/Almuñecar finder et klippe omraade med vandfald og kilder. Omradet er en kaempe oplevelse for boern og unge mennesker samt selvyfoelgelig for eventyrlystne voksne. Babyer er nok ikke lige sagen her. Vandet kommer oppe fra bjergene og er iskoldt, saa turen er nok bedst at planlaegge paa en varm dag. Herudover saa skal man vaere klar over, at koereturen ned til Junta de los Rios er bjergkoersel paa grusvej, saa enten saa skal man vaere en garvet chauffoer og ellers anbefaler vi at tage paa en guidet/organiseret tur hertil. Hvis man koerer selv, saa skal man tage landevejen til Jete/Otivar

og saa fortsaette indtil man ser indgangen til Junta de Los Rios imellem km 43-42, naar du kommer nedefra Almuñecar.

4. **CUEVAS DE NERJA (Maro).** Drypstenshullerne I Nerja. Halvdagstur. Kan kombineres med, at se turistbyen Nerja eller den hvide by Frigiliana. Se faar man en heldagstur ud af det. Vaer opmaerksom paa hulernes aabningstider. Jeg har set mange forskellige drypstenshuler rundt omkring I verden, og toer derfor godt udtale mig, at hullerne I Nerja er rejsen vaerd ☺
5. **NERJA.** Naermeste turist mekka. I Nerja vil du hoerer lige saa meget engelsk og hollandsk som spansk. Nerja har maaske bedre strande end Almuñecar, men ikke helt den samme sjael. Nerja er dog vaerd at bruge en ½ dag paa. Bedste raad: Koer efter Balcon de Europa og betal det det koster at parkere taet paa centrum.
6. **FRIGILIANA.** Den "hvide" by Frigiliana. Andalusien er kendt for mange flotte hvide byer, som ligger oppe i bjergene. En af de flotteste er Frigiliana, som ligger taet paa Nerja. Derfor kan turen til Frigiliana kombineres med enten et besoeg I drypstenshullerne I Nerja (Maro) eller med en bytur til Nerja. Hvis man skal se baade "Cuevas de Nerja", Nerja by samt Frigiliana, saa kraever det at man staar meget tidligt op og er effektiv. F.x. saa kan man starte tidligt I Frigiliana, herefter se hullerne (Cuevas de Nerja) og bruge resten af dagen I Nerja by.
7. **ARCHEBUCHAL.** Det er en lillebitte landsby, der ligger lidt nordvest for Frigiliana. Læs den spændende historie om byen på nettet, fx i La Danesa. Det er meget smukt at køre til denne lilleput by og se, hvordan man er ved at genopbygge den
8. **MOTRIL.** Romfabrikken Ron Mateo giver gratis rundvisning og smagsprøver.
9. **MARINA DEL ESTE.** Lystbaade havnen Marina del Este. Den eneste lystbaade havn, som er i miles omkreds. God mulighed for en afslappende tur og en god middag. Der er ogsaa en strand taet paa Marina del Este.
10. **SIERRA NEVADA.** Spaniens bedste skisportssted – aabent fra cirka ultimo November til primo April. I sommerperioden er omraadet maal for cyklister og folk, som elsker bjergnatur. I skal koere efter Granada, og saa ellers foelge skiltene til Sierra Nevada. Skisportsstedet (byen) hedder Prado Llano – saa det kan man taste ind I sin gps. Alpujarras som vi beskriver I nedenstaaende ligger paa bagsiden af Sierra Nevada, saa her skal man dreje fra LANGT foer Granada.
11. **LAS ALPUJARRAS.** Et af de virkelig flotte omraader I Spanien. Smaa bjerglandsbyer som **Pampaneira** og **Capileira** skal opleves. Besoeg den lokale chokolade fabrik "Abuela Ili" I Pampaneira og proev de lokale skinker I alle byerne. Anne Mad lavede en udsendelse (paa DR), hvor hun var rundt paa en skinke fabrik I Trevez. Alpujarras er en lang heldagstur, saa I skal afsted kl. 6 eller 7 om morgenen for at naa det hele og have tid til at stoppe undervejs.
12. **Konge stien "EL CAMINITO DEL REY".** Vigtigt at man forbereder sig paa denne megt flotte natur oplevelse – det er en hel utrolig oplevelse:
  - a. Det er dog hoejt oppe, saa hvis man har hoejde skraek, saa er det nok ikke lige sagen.
  - b. Nogle af vores gaester har haft svaert ved at finde stedet – saa check internettet hjemmefra eller dagen inden, saa I har en sikker adresse at koere efter. Vi kan ogsaa hjælpe jer.

Officiel hjemmeside: <http://www.caminitodelrey.info/en/#3>

### 6.2.2. LANGE TURE (vi foreslaar mindst 1 overnatning)

Paa disse ture vil I udover bilen skulle bruge et sted at overnatte, samt planlaegge paa forhaand via boeger eller internet, hvad I oensker at se. Alternativt saa skal I leje en autocamper/husbil – kontakt Brian Nesgaard Nielsen – [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com). Hvis I skal paa en af de nedenstaaende ture, saa anbefaler vi at I forbereder jer. Enten ved at bruge internettet og ellers send os en email, saa skal vi give yderligere gode raad og vejledning.

1. **RONDA.** Fantastisk by – utroligt men sandt. Ronda er bygget paa toppen af en klippe – I skoen natur. Byen har charme, mange smaa gader og en tyrefaegter arena.
2. **SEVILLA.** Andalusiens hjerte. Dansen "Sevillana" stammer fra Sevilla og byen indeholder en langt raecke af turist maal. Vi mener katedralen er vaerd at besiege. Byen er fyldt med hyggelige barer og restauranter.

3. **CORDOBA.** *Selvom Sevilla er Andalusiens hjerte, saa ville centrum vi alligevel vælge at tage til Cordoba foerst, hvis der skal vælges. “La Mezquita” – ubeskrivelig – en tur tilbage I Syd-Spaniens historie. Cordobas skoenhed er svaert at beskrive – den skal opleves.*
4. **GIBRALTAR.** *Den engelske enklave I Syd-Spanien. Det er mindst en heldagstur at tage til Gibraltar. Koer tidligt om morgenen og hold evt. En pause undervejs. Gibraltar er kendt af mange, som et af Spaniens mest kendte turistmaal. Vi anbefaler dog, at se de andre udflugtsmaal (ovenstaaende), foer man tager til Gibraltar. Gibraltar er en oplevelse, men nok lidt overdrevet. Se aberne er obligatorisk I vores oejne*

## 6.3. Gastronomical guide

### Best tapas places, Chiriquitos and Restaurants in Almuñecar.

About tapas and restaurants. If we wanted to treat this topic in detail then we should write a long book. Therefore we only want to high light the very best, and then you can find the rest by yourself. We have chosen the 5 best tapas restaurants. Our focus will be on tapas that characterise the Andalusian culture and life. But before we continue with the tapas, we want to mention that all the restaurant/bars that serves tapas also normally has a menu card, if you do not want tapas.

The word “tapas” normally has a long history and description but here you will get a fast and short introduction. In the old days a bartender got the idea to protect the wine glasses (with served wine) with a piece of bread so that insects could not get into the glass. Later on the bartender decided to put a piece of ham on top of the breads, and suddenly it got a habit and tradition that whenever you drink wine you also automatically will get something to eat – with any extra cost. In Andalucia (and note especially in Almuñecar) the concept has developed in many positive directions, and now everytime you order something to drink then you also get something to eat. Most of our guests fastly get used to this nice tradition. Enjoy it.

### TAPAS RESTAURANTS: *(The references T.X. is marked on the city map.)*

**Reference T.1A.** “Antonia Andaluzi” is placed on Paseo de Cotobro – not so far away from the tall building “Chinasol” and close to the other tapas place T.1.B. “La China” – described below. When we started out the writing of this guide it was imposible to determine if Antonia is better than la China, so therefore we decided to give both tapas bars the reference T.1. But finally if we were forced to select then we would choose Antonia Andaluzi. Antonia is originally from Bulgaria but this you will not realise because both food and wine is Spanish. She serves excellent tapas starting with small burgers, fresh fish dishes, Chili con Carne, Meat balls in tomato sauce. Only the fantasy is the limit of the tapas in Antonias. If you mention that you are the guests of “Ana from Cuba and Brian from Denmark” then you will probably get some extra attention.

**Reference T.1.B. “La China”** – is also not so far from the building/hotel “Chinasol” but you have to walk towards the Cotobro beach. On your way you also pass by another tapas place “Rinconcillo JR” placed just below our apartments A.2, A.3. and A.4. La China was always among our very favourite tapas bars but in January 2017, la China was transferred to a Belgian couple, so now we cannot guarantee that they are running the business like before.... It is up to you decide if you want to give it a try. The description below was made before the Belgians took over:

The owner was called Joaquin and he is still helping the Belgians and the son is called David. They are great persons and La China is really worth a try. We recommend you only order something to drink because the tapas is enormous, and after 2-3 tapas you will be full. Here you can try many Spanish tapas such as Paella, Tortilla de Patatas, Shrimps in Garlic called “Gambas pil pil” etc. Here you will get a fast introduction to the Spanish kitchen. Do not drive. If you are not satisfied with the service in la China then you close by have Rinconcillo JR and T.1.A. Antonia Andaluzi.

**Reference T.3. “Los Pajaritos”.** This tapas bar is something special even if you have tried some Antonia Andaluzi and La China. Los Pajaritos is a tapas bar and therefore not a restaurant – eating place. Here you only get tapas. Before you will get to try “Los Pajaritos” then you have to be prepared because the open when they want – after 8 years in Almuñecar I still do not know their time schedule. But when they open then you will be experiencing a great part of Spanish culture – you really encounter the local part of

Almuñecar. Our best advice is to order a beer or glass of when, be relaxed and then just enjoy what is around you. The bill is normally VERY reasonable. “Los Pajaritos” has been awarded as the best tapas in all Andalucia by the Danish newspaper “Politiken” – even though it is no. 3 on our list.

**Reference T.4. “La taberna la Cabaña”** – in how many places in the world you will get free food and then they even give you a menu, so you can select the free food yourself. The answer is La Cabaña in Almuñecar as far as we know it is the only tapas bar in Almuñecar where you get a menú and you freely can choose your own tapas – with no extra cost. You only pay for what you drink. And furthermore the tapas are big and rich dishes. They also have offers on 5 special beers for EUR 11 (2017 price) – and yes with 5 free tapas of your selection. “La Cabaña” is placed just besides the parquet Majuelos and marked T.4. on our city map.

**Reference T.5. Almuñecars tapas street is called “Calle Manila”** the street starts from the beach front – just after the popular bar “Lute y Jesus” – who by the way are 2 of the most successful within restaurants in Almuñecar. Lute and Jesus owns 5 places in Almuñecar. In the other end of the tapas street you will find “El Amiguito” where our guests always have been treated well. But we have to understress that in between this bars mentioned above there are MANY other bars, so if one is full you simply just try another one. Our guests Tove and Flemming highly recommend “La Tralle”, Calle Manila 10 – excellent tapas, service and wines.

### **RESTAURANTS (ordinary):** *(The references R.X. is marked on the city map.)*

Minimum 3-4 of the restaurants below, a standard tourist will never find. Therefore we recommend them – as an additional experience to your holiday in Almuñecar. R1 and R2 are the most Spanish ones whereas R3-R5 are more luxury restaurant.

**Reference R.1. “El Mirador de Cotobro”** is placed above Almuñecar, so you need your own car or a taxi. But the view from this restaurant and the food is worth the drive. They serve good food in large sizes for fair prices. Typical Spanish place. We recommend **Pacos taxi: 0034 617 792 408** or **Sonias Taxi 0034 649 121 831**. *or if you are a bigger group then we recommend Octavio (super service) 0034 607 545 521*

**Reference R.2. “Miguel y Mari”**. This bar is hidden away but in the centre of Almuñecar, on the 2nd floor. It is normally not a place that the typical tourist will find. Mary and Miguel is running the restaurant with their children, and there is a very good atmosphere. Food is Spanish and in good quality and again prices are in the very fair end. Furthermore, Miguel serves probably the best Red Wine from Ribera del Duero in Almuñecar. It is not the luxury restaurant but probably the most Spanish we can recommend. The restaurant is a short walk from the tapas street “Manila”

**Reference R.3. “Don Olivo”** (close to T.1.A on the city map) – not very far away from the tapas bar Antonia Andaluzi – you have an excellent restaurant called “Don Olivo”. Here you find food in the high end but still for reasonable prices.

**Reference R.4. “El Chaleco”** – Michelin stars speak their own language. According to our information “El Chaleco is the one restaurant in Almuñecar with Michelin star. It is recommended because of its superior food. It is not placed close to the beach neither in the centre but just after Joerns “Rent a bike” shop “Costa Tropical Cycling” on street Costa del Sol – marked D.1. on our map. Just on the other side of El Chaleco you have another restaurant that several of our guests have recommended “**El Arbol Blanco**” – this restaurant is placed in connection with the building complex “Costa Banana”

**Reference R.5. “Los Geraneos”**. Right in old town Almuñecar. This restaurant has probably one of the most beautiful facades of a house in Almuñecar. But furthermore they have great foods. We suggest you just share one of their salads for a starter. Or try the great soups “Crema de Calabaza”, garlic or onion soup. For main meal try their “Solomillo” does not really matter if it is beef or pork – this is the best meat

you will get. If you want a cheaper main menu then go for an Entrecote or a Hamburger. Desserts are also great if you still have room for this.

### **RESTAURANTS/BARS (on the beach) – “Chiriquitos”:**

Official translation of the Spanish word “Chiriquito” is:

A **chiriquito** (also known by other [nicknames](#) in [Spanish](#); in [Catalan](#) called a *guingueta*, or, by influence of Spanish, a *xiriquito*) is a small enterprise, usually a [bar](#), selling mainly [drinks](#) and [tapas](#), sometimes [meals](#) in a more or less provisional building, often on a [beach](#) or [loose surface](#) where a more permanent structure may be inviable.

But lets just leave the official translation and then call it a great place to eat if you want to spend the day at the beach OR if you want to have a evening meal right on the beach.

**Reference C.1. “Piliki”** – if you want to try this beach bar then we will give you the same advices as by the tapas bar “Los Pajaritos” (T.3.) – be prepared for a cultural choque, be patient and start with ordering some drinks. The menu card of this bar is quite simple – their specialities are barbecued shrimps and sardinas. Fresh, good quality, abundant but cheap. There is no doubt that in this family the women “also” rules. Piliki is only open in Medium and High season.

**Reference C.2. “BOTOS”.** If you want a real good lunch or dinner then Botos must be tried. Prices are higher than in other restaurants because their quality of fish and shellfish is absolutely excellent. Restaurant was recently renovated. You are right on the beach. Try the Paella if you like this Andalusian dish.

**Reference C.3.** On the beach “**el Tesorillo**” you have 2 good Chiriquitos. And when you are there then it is worth having a lunch or dinner. The beach is further out than the Velilla beach so either you must drive by car, take the local bus or use a taxi.

## ***6.3. Gastronomisk guide – vi anbefaler de bedste tapas steder, Chiriquitos samt restauranter I Almuñecar.***

*Tapas og restauranter. Der burde skrives en hel bog, hvis vi skulle opremse alle Almuñecars tapas barer og restauranter. Derfor vil vi kun nævne de ALLER bedste – vi har valgt 5 styks. Vores fokus vil være paa tapas – som kendetegner den andalusiske livstil. Inden vi gaar videre med tapas, saa skal vi dog lige tilfoeje, at I altid har mulighed for at bestille et menukort paa alle tapas restauranter, hvis ikke I oensker tapas.*

*Begrebet “Tapas” har en lang historie og beskrivelse, men her for I et hurtigt uddrag. I gamle dage kom en tjener paa at beskytte de skaenkede vinglas med toert broed for at fluer og andre insekter ikke skulle traenge ned til de gyldne draaber. Herefter kom tjeneren paa at ligge et stykke toert skinke ovenpaa broedet paa vinglasset, saa lige pludselig fik han skabt en tradition for, at naar man drak vin, saa skulle man have noget spiseligt hertil. I Andalusien (specielt Almuñecar) har konceptet udviklet sig til at hver gang man bestiller noget at drikke (dog ikke mineralvand), saa faar man altid noget spiseligt dertil. Dette kan de fleste gaester hurtigt vaenne sig til.*

### **TAPAS RESTAURANTER:**

**Reference T.1A.** “Antonia Andaluzi” ligger paa Paseo de Cotobro ikke langt fra den hoeje bygning “Chinasol” og ikke langt fra tapas restaurant T.1.B. “La China” – described below. When we started out the writing of this guide it was imposible to determine if Antonia is better than la China, so therefore we decided to give both tapas bars the reference T.1. Men Antonia Andaluzi er nok alligevel den bedste. Antonia er oprindeligt fra Bulgarien, men I kan vaere helt sikkert paa, at vinen og maden er spansk. Hun serverer super tapas I form af: smaa burgere, frisk fisk, Chili con carne, frikadeller I tomatsovs. Kun

fantasien sætter grænser. Hvis I nævner, at I vores gæster dvs “Ana fra Cuba og Brian fra Danmark”, saa faar I nok ekstra god behandling.

**Reference T.1.B. “La China”** – ligger ikke ret langt fra den høje bygning/hotel “Chinasol” paa vej ud imod Cotobro. Denne tapas bar har altid vaeret I blandt vores absolute favoritter, men I januar 2017 er den overtaget af nogle belgier, saa derfor kan vi ikke garantere om nedenstaaende beskrivelse kommer til at passe I al fremtid, da den er skrevet INDEN belgierne overtog la China. Det er altsaa op til jer om I vil proeve.....

Ejeren hed Joaquin og bartenderen Jose. Dette makkerbar skal opleves. Vi anbefaler KUN at bestille drikkevarer, fordi deres tapas er enormt store. Her faar I proevet baade Paella, Tortilla de Patatas (den kendte kartoffelpandekage), Rejer I hvidloeg “Gambas Pil Pil” etc. Saa bliver I hurtigt introduceret til det spanske koekken. Lad bilen staa © Hvis ikke man er tilfreds med servicen ved “La China” saa behøver man ikke gaa ret langt – 2 konkurrerende barer “Rinconcillo JR” og “Antonia Andaluzi” ligger nemlig meget taet ved La China

**Reference T.3. “Los Pajaritos”.** Denne tapas bar er noget helt specielt, og her er der IKKE mulighed for at spise paa restaurant. Man kan simpelthen kun faa tapas eller portionsanretninger af de samme tapas. Inden man gaar til “Los Pajaritos”, saa skal man vaere forberedt.....de aabner, naar de har lyst. Og naar de aabner, saa skal man vaere forberedt paa et kultur chock – her moeder man virkeligt Almuñecar og spansk kultur. Vores bedste raad er at bestille et glas vin eller en flaske oel, vaere afslappet, og saa ellers bare nyde situationen. Regningen plejer at vaere yderst rimelig (billig). “Los Pajaritos” er ioevrigt kaaret af Politiken, som ikke kun Almuñecar men hele Andalusiens bedste tapas bar. Den er dog “kun” nr.3 paa vores liste.

**Reference T.4. “La taberna la Cabaña”** – hvor mange steder i verden faar man gratis mad, og ja saa kan man endda vaelge imellem mere end 30 forskellige tapas. Man tror foerst paa det, naar man har oplevet La Cabaña i Almuñecar. I betaler kun for drikkevarerne. De har gode tilbud paa f.x. 5 special oel for EUR 11 (2017 pris)- Ioevrigt er det store og gode tapas. La Cabaña ligger paa gaden lige ved siden af parken Majuelos.

**Reference T.5. Almuñecars tapas gade “Calle Manila”** starter ned fra stranden promenaden I den anden ende af tapas gaden ligger “El Amiguito”, hvor vores gæster altid har faaet god behandling. Vi skal dog lige huske at sige, at imellem disse 2 ovennaevnte barer er der et hav af andre tapas barer, saa hvis der ikke er plads et sted, saa proever man bare det naeste. Vores gæster Tove og Flemming anbefaler “La Tralle”, Calle Manila 10, er et dejligt sted med god vin og gode tapas. Tjenerne vil gerne fortælle om hvad en ”la tralla ” er, og viser billederne på væggen frem

## **RESTAURANTER (almindelige):**

**Reference R.1. “El Mirador de Cotobro”** ligger et Lille smut udenfor Almuñecar. Men udsigten er denne lille koeretur vaerd. De serverer god kvalitet mad I store portioner til rimelige priser. Hvis ikke man oensker at koere selv, saa anbefaler vi **Pacos taxi: 0034 617 792 408** eller **Sonias Taxi 0034 649 121 831** eller hvis I er en stoerre gruppe, saa kan I bruge **Octavio (super service) 0034 607 545 521**

**Reference R.2. “Miguel y Mari”.** Bar/restaurant, som ligger godt gemt vaek i midtbyen herudover ligger den paa 2 sal, saa man skal kigge opefter. Miguel, Mary og deres boern styrer deres bar/restaurant som et famlieforetagende. Maden er I top – til rimelige priser, god vin og god service. Dette er maaske ikke en luksus restaurant, men til gengaeld er den det mest spanske vi kan anbefale.

**Reference R.3. “Don Olivo”** (ligger taet ved T.1.A –se bykortet). En rigtig god restaurant med menu kort I den fine ende men til rimelige priser. “Don Olivo” ligger ikke ret langt fra vores Chinagorda lejligheder (A.2, A.3. og A.4).

**Reference R.4. “El Chaleco”** . Michelin stjerner taler jo for sig selv. Denne restaurant er iflg vores informationer den eneste restaurant I Almuñecar, som har en Michelin stjerne. Restauranten anbefales pga den supergode mad. Den ligger ikke centralt ej heller paa stranden – gaden hedder “Costa del Sol”.



Find cykelbutikken "Rent a bike" - Costa Tropical Cyckling (**D.1.** paa kortet), og I er meget taet paa. Paa den anden side af "El Chaleco" ligger en anden god restaurant, som er blevet anbefalet af andre gaester "El Arbol Blanco" - den ligger lige ved siden af boligkomplekset "Costa Banana".

**Reference R.5. "Los Geraneos"** . Byens bedste cykelsmed – Joern fra Costa Tropical anbefaler denne. Lige midt I den gamle by I Almuñecar finder I en af restaurant med nok en af de flotteste facader I den gamle bydel. Men udover en flot façade saa laver de super god mad. We foreslaar I deler en af deres gode salatter til forret. Eller hvis man har lyst saa proev deres suppe "Crema de Calabaza" eller hvidloegs eller loeg suppe. Til hovedret skal man proeve "solomillo" (vist moerbrad paa dansk) – og det er lige meget om det der grise eller okse. Det er bare super godt. Lidt billigere er deres "Entrecote" eller en Hamburger. De har ogsaa gode deserter – hvis man stadigvaek harp lads I maven.

### **RESTAURANTER/BARER (paa stranden) – "Chiriquitos":**

Den officielle oversaettelse paa engelsk af en "Chiriquito" er:

A **chiriquito** (also known by other [nicknames](#) in [Spanish](#); in [Catalan](#) called a [guingueta](#), or, by influence of Spanish, a [xiringuito](#)) is a small enterprise, usually a [bar](#), selling mainly [drinks](#) and [tapas](#), sometimes [meals](#) in a more or less provisional building, often on a [beach](#) or [loose surface](#) where a more permanent structure may be inviable.

Men skal vi ikke bare efterlade den officielle oversaettelse, og saa kalde dem et super godt sted at spise, hvis man har lyst til at bruge hele dagen paa stranden uden at skulle hjem til lejligheden og lave mad. Eller hvis man har lyst til aftensmad direkte paa stranden – bogstaveligt talt.

**Reference C.1. "Piliki"** – Hvis i skal ind paa denne strand bar, saa vil vi give samme raad som ved tapas baren "Los Pajaritos" – I skal vaere forberedt paa lidt af et kultur chock, saa vaebn jer med taalmodighed og bestil noget at drikke og spise. Deres specialiteter er sardiner og rejer – stegt over baal. Der er vist ingen tvivl om at (ogsaa) i denne familie er det kvinderne, som bestemmer.

**Reference C.2. "BOTOS"**. Hvis I vil have en ekstra god middag eller aftensmad, saa skal i proeve "Botos". Priserne er lidt hoejere end andre steder, men det udspejles normalvis I kvaliteten. Kvaliteten af deres fisk og skalddyr er helt I top. Restaurant blev renoveret I aar 2016, og den ligger ude paa selve stranden (San Cristobal). Proev deres Paella, hvis I kan lide denne spanske traditionsret og ellers er kortet fyldt med gode retter.

**Reference C.3.** Paa stranden **el Tesorillo** ligger der 2 Chiriquitos. Stranden SKAL opleves og saa kan jo lige saa godt faa lidt at spise, naar man er der. Stranden el Tesorillo ligger lidt laengere ude en stranden "Velilla".

## **6.4. Sport and free time activities in Almuñecar.**

Almuñecar is well known as a beachplace but in fact it is also very rich in sports and free time activities. Enjoy running or just a coffee in the morning sun, and in hour you are skiing from 10-17 in Sierra Nevada and you be back in Almuñecar in the evening for tapas on the beach. Is this really true? There is only 1 way to know – **TRY Almuñecar**. Below we have tried to explain and give details about many of the free time and sports activities in Almuñecar. But the list is not complete – so please feel free to ask any question. We are ready to assist you.

- A. **Swimming/Snorkeling**. Almuñecar has mainly stone beaches so you will avoid sand everywhere ☺ So if you want to go swimming then wet shoes is a good idea. Almuñecar is also a good place to go snorkelling, so bring this equipment if you have it or you can rent or buy it here in Almuñecar. You can either rent it in the dive shops (see information below) or you can buy it in the Chinese stores (cheap) or in the sport shops (professional)
- B. **Scuba diving**. Almuñecar has 2 shops that offer scuba diving. 1 on the San Cristobal beach – just below apartment 5 (marked as A.5. on the map) and the other one just one the other end of the San

Cristobal beach (right by tapas place T.1A. "Antonia Andaluzi". Both shops arrange trips for beginners and advanced divers.

- C. From the nearby port **Marina del Este** – you have different possibilities for sailing trips including snorkelling. Marina del Este is the only port in the Almuñecar area but in the summertime you can find speed boats and other water activities also on the beach front of Almuñecar. Just let us know if we should help.
- D. **Walking, Running or easy cycling.** Taking a stroll, run or cycle along the Almuñecar beach front is a beautiful experience any time of the year. In the summertime try to avoid the hot hours. In Almuñecar we have a least 5-6 km of flat beach promenade perfect for walking, running or cycling.
- E. **SPORTS OFFICE.** Inside the football stadium in Almuñecar, you find a municipality office where they offer you a wide range of sports f.x. you can rent tennis courts, sign up for walking or hiking in the mountains, yoga, different types of dances etc. We recommend that you start with visiting this office to find out about the different possibilities for sports and free time activities in Almuñecar. The office is placed in the stadium building just across from Almuñecars post office and our new fitness centre.
- F. **Dancing.** An important part of Spanish culture and especially in South Spain is dances like Flamenco and Sevillanas. If you are interested in learning Latin or Spanish dances then please contact Brian Nesgaard Nielsen - [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) – then I will do my utmost to help you.
- G. **Cycling.** Almuñecar and nearby areas are simply a perfect area for mountain biking and also for racerbikes. Brian Nesgaard Nielsen - [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) – will be happy to help you with organising. We recommend that you rent the bike by Costa Tropical Cycling. Joern Dahl gives extremely good services and rent outs bikes at fair prices – kontakt Joern on phone or whatsapp - **0034 634 382 848**
- H. **Golf.** The nearest place is the pay and play in Motril see <http://www.moriscosgolf.com/>. Alternatively then the golf court named Bavaria (Velez Malaga) has a professional 18 hole golf court. See more on <http://www.bavieragolf.com/>
- I. **Skiing.** Sierra Nevada is fantastic. Who will believe that you can go skiing in a short sleeved T-shirt. This is at least what the locals are saying ☺ but even if this is exaggerated then we definitely recommend you to try skiing in one the best places in Europe. Normally Sierra Nevada opens up in November and closes down in April. *More information on:*  
<http://sierranevada.es/es/invierno/inicio/>  
On the way back stop by one of the wine bodegas if you have time or just go back to Almuñecar and the beaches.

## 6.4. Sport og fritidsmuligheder I Almuñecar og omegn

*Almuñecar er rig paa sports og fritidsmuligheder. Nyd morgensolen med en loebe tur eller bare en kop kaffe, hvorefter man indenfor cirka 1 time kan vaere i Sierra Nevada og staa paa ski fra 10-17. Passer det saa ogsaa? Der er kun en maade at finde ud af det paa – PROEV en ferie I Almuñecar. I nedenstaaende har vi forsoegt at forklare og give detaljer om alle fritids- og sportsaktiviteterne. Men listen vil aldrig vaere komplet. Saa spoerg gerne, vi er altid klar til at hjaelpe vores gaester.*

- A. **Badning/Snorkling.** Almuñecar har hovedsagelig sten strande, saa undgaar man alt sandet. Men hvis man skal bade I havet, saa er vaadesko en god ide. Almuñecar er et godt sted at snorkle, saa medbring dette udstyr, hvis I er interesseret heri. Alternativt kan det lejes eller koebes hernede. Man kan leje det I en dykkerforretning eller koebe det f.x. I kineser butikkerne eller sportsbutikkerne.
- B. **Dykning.** Almuñecar har 2 dykker butikker, som arrangerer dykkerture for baade begynder og oevede. Den ene dykker butik ligger lige nedenfor lejlighed nr. 5 (markeret som A.5. paa bykortet). Den anden butik ligger I den anden ende af San Cristobal stranden – ikke ret langt fra tapas stedet Antonia Andaluzi (markeret T.1.A. paa bykortet)
- C. Fra lystbaadehavnen **Marina del Este** er der forskellige muligheder for sejlads. Om sommeren er der dog ogsaa speedbaade og baad aktiviteter fra stranden i Almuñecar. Bare sig til, hvis vi skal hjaelpe.

- D. **Gaature, Loebature eller motionist cykling.** Almuñecars strandpromenade er helt perfekt til gaature, loeb eller cykelture. Og man kan gaa, loebe eller cykle lige saa langt man lyster og saa vende rundt, da der er 5-6 km strandpromenade. Naar vi skriver motionist cykling, saa er det fordi at strandpromenaden er det fladeste stykke vej vi har I Almuñecar by ☺
- E. **SPORTSKONTOR.** Lige ved siden af stadion I midtbyen har kommunen et **sports kontor**, hvor de tilbyder en hel raeke af sportsmuligheder bl.a. kan man leje tennisbaner, tilmelde sig til vandreture I bjergene, yoga, forskellige typer af dans etc. Vi anbefaler, at I besoeer dette kontor for at undersøge de forskellige muligheder. Kontoret er placeret indenfor I selve stadion bygningen – paa den anden side af postkontoret og et nyt fitness centre. Det er taet paa BP tanken og skadestuen.
- F. **Dans** – En vigtig del af spansk kultur og specielt I Sydspanien er danse som Flamenco og Sevillanas. skulle I vaere interesseret I at laere at danse enten spanske eller latinamerikanske danse paa uformel maner– saa kontakt Brian Nesgaard Nielsen - [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) – saa hjaelper jeg gerne med forslag og med at undersøge mulighederne.
- G. **Cykling** – Almuñecar og omegn er simpelthen bare et super omraade for mountainbike eller racer cykling. Brian Nesgaard Nielsen - [ngi\\_lv@yahoo.com](mailto:ngi_lv@yahoo.com) – hjaelper gerne med at arrangere cykling. Vi anbefaler, at I lejer cyklen hos Costa Tropical Cycling. Joern Dahl giver helt fantastisk service – kontakt Joern paa telefon eller whatsapp - **0034 634 382 848**
- H. **Golf.** Naermeste sted er pay and play i Motril – se <http://www.moriscosgolf.com/>. Alternativt saa har Bavaria Golf (Velez Malaga) en professionel bane 18 hullers bane. Mere information paa hjemmesiden - <http://www.bavieragolf.com/>
- I. **Skisport.** Sierra Nevada er helt fantastisk. Hvem skulle tro, at man kan staa paa ski I T-shirts. Det siger de lokale man kan i Sierra Nevada. Lad denne skroene vaere, men vi anbefaler jer at proeve et af Europas bedste skisportssteder Sierra Nevada. Normalvis aabner man i November og lukker igen i April maaned. Mere information paa deres hjemmeside:  
<http://sierranevada.es/es/invierno/inicio/>  
Paa vejen tilbage kan man jo stoppe ved en vin bodega hvis tiden tillader det....eller koerer tilbage til Almuñecar og strandene

Links til yderligere information:

<http://www.nerjatoday.com/things-to-do-outside-nerja>